

**Birthdays:**

Mary Sunday	June 18	Ruth Greenwald	July 6	Elsie Johnston	July 16
Jan Luebben	June 22	Carol Arendt	July 9	Charles Manly	July 18
Ruth Miller	June 22	Victor Graden	July 11	Deena Wellborn	July 20
Richard Watkins	June 24	Bob Baumann	July 11	Harley Henry	July 22
Loree Rackstraw	June 27	Steve Lovig	July 12	Doris Pearce	July 23
Clarence Sears	June 29	Erma DePauw	July 13	Margaret Plagmann	July 24
Mary Gorsuch	July 2	Carol Nielsen	July 13	Miriam Baumann	July 25
Earl Blair	July 4	Mary Rasmussen	July 14	John Marwin	July 29
Don Kirts	July 5	Walda Gustafson	July 14	Edgar Anderson	July 29
		Howard Burkle	July 15		



**Chapel:** Every Tuesday, at 10:00 a.m. in Carman Center – *Coffee, tea & fellowship preceding Chapel at 9:30 & again at 10:30 following the service. Video tapes/DVD's available from Shane Estes. SERVICE LEADERS:*

**June 19<sup>th</sup> Sallie Verrette, Episcopalian Priest**

**June 26<sup>th</sup> Linda Bergeron, Minister, First Baptist Church**

*Weekend worship services* every Saturday at 11:00 - 11:30 a.m. in the Health Center activity room. Everyone is welcome.

**Chaplain Christine Tinker may be reached at 990-9062** - If you would like a visit or would like to talk with me please call me anytime day or night. E-mail address: [ctinker@mayflowerhomes.com](mailto:ctinker@mayflowerhomes.com).

**Between the Bookends:** *Roam* by Alan Lazar (LP) is the dramatic story of a small dog that becomes lost and searches for his way home. Surviving and enduring harrowing adventures as he travels cross country is a moving story of the strong bond between humans and their pets.

Ivan Doig in *The Whistling Season* entertains us again with his story of the matchless Montana rural countryside and a family of a father and three young boys. Attending rural school by horseback, the boys find happiness with a superior teacher who seems to have boundless knowledge and resourcefulness. The trials of growing up with limited material goods, but rich human experiences in the expansion of the West during the early 1900's will give you heart-warming moments.



**Welcome new resident Betty Gerber in  
Montgomery 9 to the Mayflower Community**

## Mann Missive

### Resident Care “Hits Home.”

Recently, the sister of one of our veteran Health Center nurses died while in our care. Our nurse was moved to write this message to Mayflower staff: “When residents leave this community—especially when their journey is final—family members often struggle to search for the right words to express their gratitude. And, today I know just how that feels. Since xxxxxx passed, and even before that time, I have tried to form a verbal statement of the deepest gratitude. I can’t. Because there aren’t really words in our language to express the deep and heartfelt thanks of all of our family, including me.”

“During the two-plus years she was a resident here, people in every department and of every job title at Mayflower have gone out of their way to make xxxxxx’s time here a good experience. And, it was good,

indeed. She made many friends, and I’m sure she left a little of herself with everyone she encountered. There is no way we, her family, will ever forget the kindnesses of so many here. Now that I have finally forgiven her for not allowing me to ‘fix her’ as was my plan, I can let her rest and enjoy the next step in her journey.”

“It has been said many times that at Mayflower, ‘We are a family.’ Just like a family, we have our ups and downs. Sometimes we fight and bicker, but then we make up. Just like a family, we stand shoulder to shoulder and bear each other up in the toughest times. Mayflower Family, you are remarkable.”

‘Nough said.

Bob Mann, *Executive Director*  
([bmenn@mayflowerhomes.com](mailto:bmenn@mayflowerhomes.com))

**REMEMBER MAYFLOWER IN YOUR WILL**

## MAYFLOWER COMMUNITY

Celebration of Mass Conducted by Fr. Nicholas J. Adams

St. Mary’s Catholic Church, Grinnell, IA

Wednesday, June 20, at 10:00 a.m.

Conference Room, Second Floor Health Center



**SENIOR EDUCATION PROGRAM:** On June 18, GRMC care coordinators will present, “Caring For You In and Out of the Hospital” at the (SE\*ED) program from 10 to 11 a.m. at the Drake Community Library.

### *Summer 2012 ACES Classes*

Grinnell College faculty will offer courses in biology, chemistry, economics, and statistics through the Adult Community Exploration Series (ACES) this summer. The free courses, co-sponsored by the Community Education Council and Grinnell College, will be held on **Wednesday mornings from 10 to 11:30 a.m. in the Caulkins Room at Drake Community Library, 930 Park St.** Registration is requested to assist instructors in preparing for class needs. To register, send email to [calendar@grinnell.edu](mailto:calendar@grinnell.edu), or call 641-269-3178.

**June 20, 27 -- “Thinking About Evolution, A History,” with Ken Christiansen, professor emeritus of biology** -- This course will consider early thinking concerning the diversity of living organisms and, later, the various attempts to explain “the enigma of fossils.” For example, it is commonly believed that Darwin was the first to offer ideas about evolution. Not so! How about Aristotle? By the 18th century, ideas of evolution were in the air, and theories were developed by natural philosophers, including Lamarck. The course will cover the Darwin years and end with recent changes in views of evolution.

Kenneth Christiansen, professor emeritus of biology, taught many courses in biology, including evolution. His research interest began with the study of dragonflies and later moved to the study of collembola in caves, an ideal laboratory for the study of evolution. Christiansen has published several books and numerous articles, many co-authored with Grinnell students.



**Friday, June 15th at 6:30 p.m. - Buckley 3rd Floor**

**MY FAIR LADY - Part 1**

**Starring Audrey Hepburn & Rex Harrison**

**A Wonderful Musical**

**Approximately 90 Minutes in Color**

**Sunday, June 17th at 6:30 p.m. - Buckley 3rd Floor**

**MY FAIR LADY - Part 2**

**Approximately 80 Minutes in Color**

# Upcoming Events

Monday, June 25th at 3:30 p.m. in the Carman Center



*Brian Hutzell*

Everyone is welcome

Special Piano & Vocal Performance

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Wednesday, June 27th at 3:30 p.m. in the Carman Center

*Bi-Monthly All-Campus Neighborhood Meeting*

Featured topic will be a discussion of Mayflower's garden and grounds care policies and will feature speaker, Dan Van Weelden of Country Landscapes, Inc., Ames, IA

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Monday, July 2nd in the Carman Center at 2:00 p.m.

*MRA Executive Council Meeting*

All MRA officers and committee chairpersons - please bring written reports when you come. Other members are welcome

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Monday, July 16th at 2:00 p.m. in the Carman Center

*MRA Town Meeting*

All Mayflower Community residents are encouraged to attend

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Fridays at 1:00 p.m. in the Game Room

*Mayflower Book Club*

July 20 - *Major Pettigrew's Last Stand* - by Helen Simonson

August 17 - *The Postcard Killers* - by James Patterson & Liza Marklund

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July 10 -14

*Prime Time Camp - Pilgrim Heights*



If you would enjoy a peace filled, air conditioned getaway with all the comforts of a beautiful facility, look into taking part in the **PRIME TIME CAMP** at Pilgrim Heights. You can participate one day or up to five days. Information folders are available at "Activities Central" in Pearson Lobby. Optional daily activities, faith exploration, rest and relaxation. Questions? Call Wilma Graden at 236-5293 or Netia Worley at 236-4757. Leaders are John Saxton, Audrey Kuhl & Wilma Graden. Day trips to be arranged.





## *Mayflower Luau*

*Buckley Dining Room  
Wednesday, July 18 & Thursday, July 19*

*Social at 5:30  
Buckley Courtyard/Dining Room  
Dinner Buffet at 6:00*

*(Seating will be limited to tables of 8)*

*Deadline for reservations is July 13th  
Cost \$10.00*

*There is a Luau Reservation Slip  
that can be picked up in  
Buckley kitchen or reservations  
may be phoned in to 236-6151 ext. 216*



## **M R A SHARES a BIG SUCCESS**

**With a rousing "HIP, HIP ,,, HOORAY!" and a hearty slap on your collective backs, your MRA Board says "THANKS" for your record setting generous response to fund our 2013 budget. Eighty-seven donors contributed a grand total of \$8,001, far outpacing last years \$7520. Full campaign details will be available at the July Town Meeting.**



## notes from netia

**SATURDAY, 8:00 a.m. June 16 -BREAKFAST BUNCH-Meet in Pearson**

**1st & 3rd Sundays of each month at Pizza Ranch**

**Sunday, June 17 - Leave Pearson at 6:00 p.m.**

### *Sunday Pizza Party*

Let Netia know if you want to join the group  
so she can arrange transportation 236-4757



**EVERY MONDAY, 7:00 p.m. TRIVIAL PURSUIT** in Montgomery Lounge

**EVERY TUESDAY, 6:00 p.m. TABLE TENNIS** in Sports Room, LL HC

**EVERY WEDNESDAY, 6:30 p.m. GAME NITE** in the Anchor. - Free ice cream

**EVERY THURSDAY, 10:00 a.m. TABLE TENNIS** in Sports Room. LL of HC

**EVERY FRIDAY, 9:30 a.m. KOFFEE & KONVERSATION** - Buckley Dining Rm.



## *60<sup>th</sup> Wedding Anniversary Eugene and Ramona McCaw*

Guy McCaw, MD, of Grinnell, Iowa, and Sharon (McCaw) Berner, of Canton, Georgia, are very pleased to announce the upcoming 60<sup>th</sup> wedding anniversary of their parents, Mr. and Mrs. Eugene McCaw, of Grinnell.

Eugene McCaw and Ramona Merritt were joined in marriage at the Clarence United Methodist Church in Clarence, Iowa, on June 19, 1952. The couple raised their family on their farm in eastern Iowa, near Clarence, in Cedar County. Eugene and Ramona left the farm and relocated to the Mayflower retirement community in Grinnell four years ago to be nearer their son, Guy, who is a family physician practicing in Grinnell. The McCaws' eldest son, Monte McCaw, DVM, PhD, passed on in 2009, though gave Gene and Ramona three wonderful grandsons; Derek McCaw, Raleigh, North Carolina; Travis McCaw, Madison, Wisconsin; and Tyler McCaw, also of Raleigh, North Carolina. William McCaw, Gene and Ramona's first great-grandchild, was born to Derek and Joy McCaw in March of this year.

*Cards and correspondence can be addressed to Gene and Ramona at 610 Broad Street, Apt. E3, Grinnell, Iowa 50112.*



## "HI ... HO ... PREPARE FOR THE FAIR!"

The third edition of our great MRA State Fair party, (**Thursday, August 16th**) is open to all Mayflowerites, with a wide range of categories to choose from for entries. All entries in categories #4 - #6 should not have been entered in previous MRA State Fairs.

All the local Garden Centers are bursting with veggie plants or your favorite flower variety to plant and "baby along" to claim a Blue Ribbon entry in the competition. Get creative with paint, pencil, or camera and enter the masterpiece that will "catch the judge's eye." Exercise those arthritic hands to build, knit or sew a neat Hand Craft, or "dust off" a family treasure for the Heir-loom competition. Put a "special twist" on your favorite recipe and prepare that classic dessert, that after judging, will "top off" Scott's famous "FOOD on a STICK" buffet Dinner.

### Prize Categories



- 1) **Vegetables** - Best single or group of vegetables
- 2) **Baking** - Best bar, cookie, cake, pie, or other Dessert (after judging these will be served at our State Fair dinner)
- 3) **Flowers** - Best single flower or floral arrangement of single or mixed variety
- 4) **Hand Crafts** - Best hand-made item ... needle work, quilt, sewing, wood working, etc.
- 5) **Heirloom** - A Family Treasure ... glassware, textile, crystal, etc. (no furniture)
- 6) **Photography or Art Work**-photos, drawing, painting, sculpture, etc.

Remember, **"you can't win if you don't enter,"** so join the fun and "SEE YOU at the FAIR!"

#### Tuesday & Thursday

**11:00 a.m.**

Exercise Program in the Wellness Center.



#### Theraband Exercise now 6 times a week!

Monday, Beebe Activity Room at 11:00 a.m.  
Tuesday, Montgomery Lounge 3:30 p.m.  
Wednesday, Beebe Activity Room at 11:00 a.m.  
Thursday, Montgomery Lounge at 3:30 p.m.  
Friday, Beebe Activity Room at 11:00 a.m.  
Buckley Dining Room 3:00 p.m.

The Mayflower Poetry Club: We meet the 2nd and 4th Monday of each month. The next meeting of the Mayflower Poets will be **June 25 at 9:30** in the Game Rm, Buckley 107.

Dean Kayser (Audiologist): Independent residents can make an appointment by calling 236-6676.

Dr. Newman (Podiatrist): Call Myrt at the health center desk (ext. 210) to schedule an appointment with Dr. Newman.

Dr. McKnight (Podiatrist): To make an appointment call Connie 236-6151 ext 219.

Wal-Mart and Grocery Van Trips: The Mayflower van will be making a trip to Wal-Mart, Fareway, McNally's & Hy-Vee each Tuesday at 1:30. Passengers are picked up at Beebe Hall circle drive and Pearson Hall front entrance.

**Neighborhood groups for meals**

- June 18 Buckley 2nd, Edwards, Harwich Terrace East
- June 25 Buckley 3rd, Prairie Pointe, Harwich Terrace Southeast
- July 2 Altemeier, Montgomery, Harwich Terrace South
- July 9 Buckley 1st, Pearson, Harwich Terrace North
- July 16 Buckley 2nd, Edwards, Harwich Terrace East
- July 23 Buckley 3rd, Prairie Pointe, Harwich Terrace Southeast



**On the Podium** for June (the wedding month) is **Kennedy Weddings**, with pictures from 3 generations of the famous family.

**Mayflower Treasure Chest** for June is Sue Ahrens' and Phyllis Armstrong's collection of Hummels.

**Thank You:** Thanks to everyone for the birthday wishes given to me. You really made my day. *Gladys Booth*

**Grinnell Farmer's Market** - Iowa grown produce - baked goods - crafts & more! **Thursdays 3:00 - 6:00 p.m. & Saturdays 10:00 a.m. to Noon** in Central Park.

**Music in the Park** - live music in Grinnell's Central Park Gazebo on **June 21st. Community Band playing from 7:00 - 8:30 p.m.**



Volunteers are wanted to participate in an exercise study under the guidance of Professor Elizabeth Queathem and Grinnell college student Kelly Zucker. Participants must be 60 or older and will be given two exercises comparing balance designed by Tom Gallo, head of the Physical Therapy Dept. at GRMC. Please call ASAP to sign up with Kelly Zucker at (602) 616-9231 or Professor Queathem at (641) 990-0355.

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Hello! My name is Laurel Tuggle. I am the intern at the Grinnell Historical Museum this summer. I am very interested in oral history and stories from Grinnell's past so I would love to have a conversation with you! Most of my research has been in the field of women's history so I would like to expand my knowledge in that field but I am also very open to any perspective and history you are willing to share. If you are interested in participating, please contact me at [tugglela@grinnell.edu](mailto:tugglela@grinnell.edu) or 515-451-7923. Thanks very much and I can't wait to hear your stories.